

ITINERARY 1 from PORTOROSA

Aeolian islands

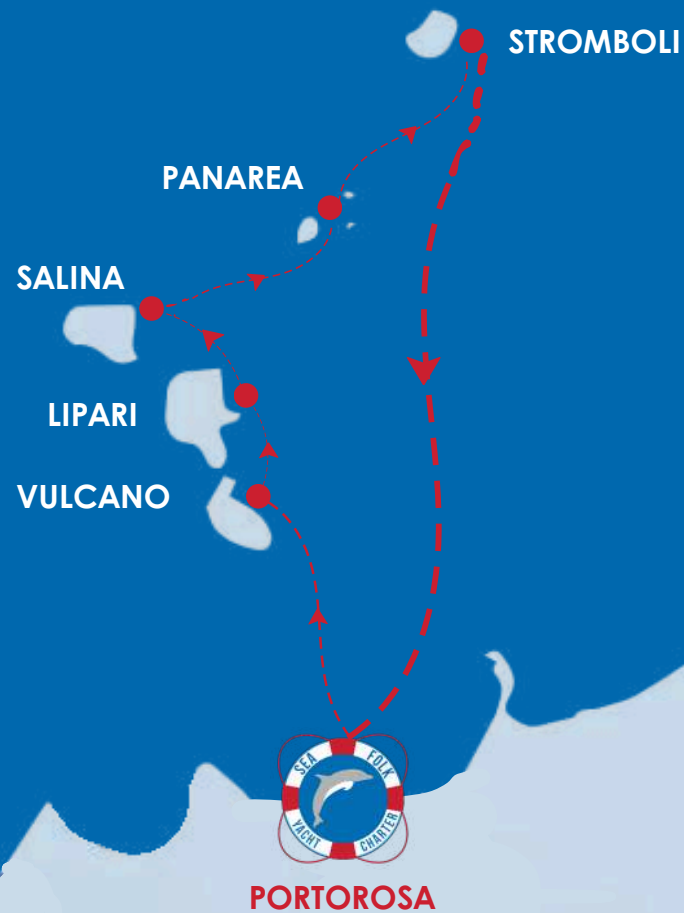


1 week



about 96 nm

Portorosa - Vulcano	20 nm
Vulcano - Lipari	4 nm
Lipari - Salina	11 nm
Salina - Panarea	10 nm
Panarea - Stromboli	11 nm
Stromboli - Portorosa	40 nm





DAY 1 • PORTOROSA - VULCANO

First stop the island of **Vulcano** home to a still active volcano. The climb is quick and accessible, and at the top a breathtaking view! We recommend a visit to the Grotta del Cavallo (Horse Cave) and the Piscina di Venere (Pool of Venus), with its tufa and basalt pools and shallow crystal-clear waters with turquoise hues. Excursion lovers can reach the volcanic crater of the Fossa in about an hour's walk, following a path that leads from the port to 400 metres above sea level. Also beautiful is the stop at Vulcanello, the small peninsula-appendix, famous for the Valle dei Mostri (Valley of Monsters), an evocative place populated by monstrous lava figures. The town of Vulcano worth a visit: the mooring is at Porto di Levante. The floating quays of the marina provide electricity, water and dead-body mooring services, while the public quay offers no services. Porto di Levante is exposed to the undertow of ships and hydrofoils, so be careful while mooring. There is also a large buoy field in the bay of the Porto di Levante. In this corner of the town, you can find many restaurants and bars, bike and motorbike hire. The waterfront promenade leads directly to the Pozza dei Fanghi, a natural thermal pool where volcanic gas bubbles emerge. This natural, therapeutic mud and hot-water springs have a beneficial effect on health. Near the natural mud pool, the water, thanks to underwater springs, is very hot.

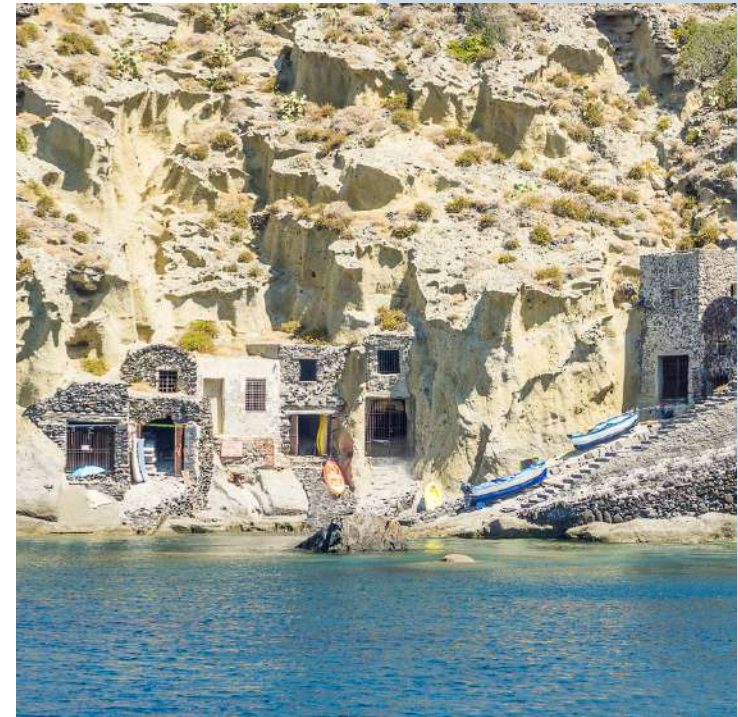


DAY 2 • VULCANO - LIPARI

We continue on to the island of **Lipari**, one of the largest of the Aeolian Islands. The island has white stretches of pumice stone and dark flows from the latest eruptions of Monte Sant'Angelo. You will sail around the Faraglioni: two rock giants that emerge from the sea in the southern part of the island. You will visit the town of the same name, topped by a wonderful castle encircled by the districts of Marina Corta and Marina Grande. It is also worth visiting the Contrada Diana Archaeological Park, which is interesting as it contains the entire history of this archipelago; from here you can take a walk near the harbour. You can also visit the Museo Eoliano (located in the Lipari Castle). In San Calogero there are the San Calogero Thermal Baths, a hot sulphurous spring, known and used even in Roman times with a beneficial effect on health. Those who like to enjoy the nightlife will be able to attend concerts, folk festivals and theatre festivals on summer evenings, go drinking in the open-air bars or dance in the discos. The island has a marina, harbours, floating docks and many anchorages, where one can find protection from all winds. On Lipari, you can stop to do your shopping in the various supermarkets (with delivery service to the boat). Most of the landing places are on the eastern side of the island: Marina Lunga, Marina Corta and Pignataro.

DAY 3 • LIPARI - SALINA

Direction: **Salina**, the second largest island in the archipelago. It is made up of six ancient volcanoes, including Monte Fossa. Stop at the beautiful bay of Pollara for a swim. The beach, made up of large stones between the rocks, is unique, and is also the place where some scenes from the Italian film 'Il Postino' were filmed. Not far from Pollara beach are Le Balate, ancient warehouses and shelters for fishermen's boats, ravines carved into the rock that are still used today and are one of the area's must-sees. Beautiful to see is the shoal of Punta Perciato, consisting of several large rocks and extremely jagged walls. For dinner, also takeaway, we recommend the 'Alfredo' restaurant, where you can taste the famous Pane Cunuzato or 'seasoned bread'. This simple dish encapsulates the taste of Sicily: in fact, the seasoning is based on anchovies, cherry tomatoes, primo sale, extra virgin olive oil and oregano. The homemade granitas are also good. The night can be spent at anchor in Lingua or Santa Marina di Salina. The village of Santa Maria is adjacent to the harbour, you can moor at the Porto delle Eolie tourist port and wander through the streets of the village, among palm trees and maritime pines. To disembark in the village of Rinella, you can moor at the buoy field: there is a small beach next to the typical Mediterranean houses.



DAY 4 • SALINA - PANAREA

Panarea is the smallest of the Aeolian Islands but it is truly unique. For a bit of history, visit the archaeological museum. You will reach one of the most beautiful beaches: Cala Junco. A UNESCO World Heritage Site, this beach features an amphitheatre shape, surrounded by rock formations. These, together with the backdrops give the sea beautiful shades from deep blue to emerald green. Framed by: Basiluzzo, Dattilo, Bottaro, Lisca bianca, Lisca nera, Formiche, Panarelli and Stromboli. To land in Panarea, you can moor at S. Pietro which offers two buoys fields right in front of the village, with boat-taxi service, in active season also at night. If it is good weather and no wind blows from E, you can also anchor at San Pietro, at least 500 meters away from the ferry maneuver area. In Panarea there are two beautiful places to stop at: Cala Zimmari and Cala Junco, their conformation is so protected from winds and storms, as to be defined a natural port. From Cala Zimmari you can walk to the prehistoric village going up along a beautiful panoramic path (15 minutes).





DAY 5 • PANAREA - STROMBOLI

Stromboli, unique in the world, is characterized by high cliffs broken by small beaches of black sand alternating with creeks and caves. The white Mediterranean houses, the green of palms and olive trees rest on a volcanic cone. The black giant, "Iddu", in perpetual explosive activity, every 15 minutes gives incandescent lava games especially after sunset. You can climb the volcano accompanied by an expert guide to enjoy the this landscape after sunset or you can go under the Sciara del Fuoco to watch, from the sea, the spectacle of glowing lapilli. The island of has very deep depths that create difficulties to anchor. It is advisable to sail around Stromboli only in good weather conditions. There are no sheltered bays in case of strong wind and not even places with low seabed to anchor safely. The only point where you can anchor is in front of the village of Stromboli where the waters are shallower. From here you can go down with the tender and visit the village of Stromboli (10 min. on foot) with its small and characteristic streets, shops and locals, definitely worth a visit. Ginostra with only 27 inhabitants, accessible only by sea, through the smallest port in the world is a place where time has stopped.



DAY 6 • STROMBOLI - PORTOROSA

Return to Portorosa at the scheduled time.

The last evening in Portorosa can be spent relaxing, enjoying good food. Try the harbor restaurants and trattorias, many of which offer views of the boats and the sea. Specialties not to be missed are: - fresh fish: grills or seafood entrees; - Sicilian cuisine: arancine, swordfish rolls or pasta alla norma; local wines: accompany your meal with a glass of Malvasia delle Lipari or an Etna Rosso. Recommended restaurants: La Plaza or other options available along the harbor.