

ITINERARY 3 from PALERMO

Aeolian and Egadi Islands

 2 weeks  about 345 nm



Palermo - Capo Zafferano	10 nm
Capo Zafferano - Cefalu'	23 nm
Cefalu' - Vulcano	50 nm
Vulcano - Lipari - Panarea	15 nm
Panarea - Stromboli - Salina	32 nm
Salina - Filicudi	12 nm
Filicudi - Mondello	60 nm
Mondello - San Vito Lo Capo	28 nm
San Vito Lo Capo - Favignana	25 nm
Favignana - Marettimo	11 nm
Marettimo - Levanzo	12 nm
Levanzo - Castellammare del Golfo	35 nm
Castellammare del Golfo - Palermo	32 nm



DAY 1 • PALERMO - CAPO ZAFFERANO

After checking in, you can leave Palermo and sail a few miles to the **Capo Zafferano** nature reserve, a spectacular promontory overlooking the sea. For a first dip, we recommend Baia dei Francesi, a small rocky cove famous for its deep turquoise waters, which you will encounter en route to Capo Zafferano, or you can continue on to Caletta Sant'Elia, from where you can enjoy a beautiful panorama and crystal-clear sea with changing colours from deep blue to emerald green. You can then spend the first night in at the anchor or reach the dock of San Nicola l'Arena.



DAY 2 • CAPO ZAFFERANO - CEFALU'

Direction: **Cefalu'**. We move to the northern coast of Sicily to one of the most fascinating locations in the region. If you want to relax, you can stop at the Spiaggia di Cefalù (Cefalù Beach), with its golden sand and crystal-clear waters, located just below the historic centre. The town is also worth a visit and the main sights are: the historical centre with narrow cobbled streets offering handicraft shops, characteristic cafés and restaurants; Cefalù Cathedral, a Norman masterpiece built in the 12th century and a UNESCO heritage site; the Rocca di Cefalù, an imposing hill that dominates the town, climbing to the top you can visit the remains of the Temple of Diana and enjoy a breathtaking panoramic view of the coast. Cefalu' is also quite lively in the evenings with boutiques open until late. Try typical Sicilian dishes such as pasta with sardines, sarde a beccafico, or fish couscous in seafront restaurants such as Bastione & Costanza or La Brace and after dinner Maljk Beach Club for a more glamorous atmosphere and live music, or the Lounge Bar Al Faro for a quiet drink overlooking the sea.

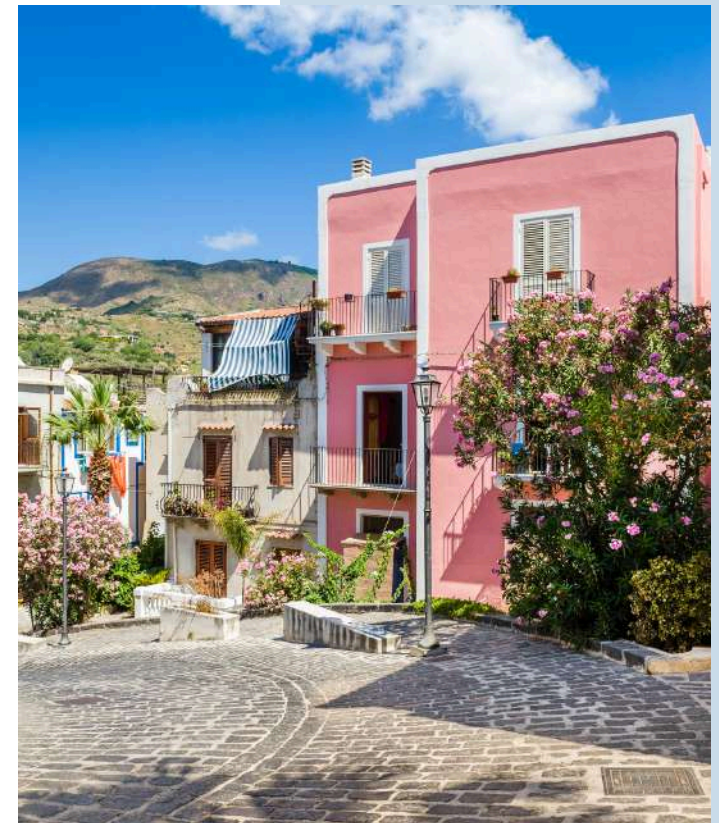
DAY 3 • CEFALU' - VULCANO

Move on to the 20 km² island of **Vulcano**, home to a still active volcano. The climb is quick and accessible, and at the top there is a breathtaking view! We recommend a visit to the Grotta del Cavallo (Horse Cave) and the Piscina di Venere (Venus' Pool), with its tuff and basalt pools and shallow crystal-clear waters. Excursion lovers can reach the volcanic crater of Fossa in about an hour's walk, following a path that leads from the harbour to 400 m above sea level. There is also a nice stop at Vulcanello, the small peninsula-appendix of the island of Vulcano, famous for the Valle dei Mostri (Valley of Monsters), an evocative place populated by monstrous lava figures. The town of Vulcano is definitely worth a visit: mooring is at the Porto di Levante. The floating docks of the marina provide electricity, water and dead-body mooring services, while the public quay offers no services. The Porto di Levante is exposed to the undertow of ships and hydrofoils, so care must be taken when mooring. There is also a large buoy field in the bay of the Porto di Levante. In this corner of the city there are restaurants and bars, bike and motorbike hire. The waterfront promenade leads directly to the Mud Pool, a natural thermal pool where bubbles of volcanic gas emerge. This natural, therapeutic mud and hot springs have a beneficial effect on health.



DAY 4 • VULCANO - LIPARI - PANAREA

We continue on to the island of **Lipari**, one of the largest of the Aeolian Islands. The island has white stretches of pumice stone and dark flows from the latest eruptions of Monte Sant'Angelo. You will sail around the Faraglioni: two rock giants that emerge from the sea in the southern part of the island. The town of the same name is worth a visit, topped by a magnificent castle surrounded by the districts of Marina Corta and Marina Grande. The Contrada Diana Archaeological Park is very interesting as it contains the entire history of this archipelago. The Aeolian Museum can also be visited. The thermal baths of San Calogero are a hot sulphur spring, known and used even in Roman times. Those who love nightlife can attend concerts, folk festivals and theatre festivals, go drinking in the characteristic open-air bars or dance in the discos in picturesque locations. The island has a marina, harbours, floating docks and many anchorages, where you can find protection from all winds. On Lipari, you can stop to do your shopping in the various supermarkets (with delivery service to the boat). Most of the landing places are on the eastern side of the island. We then move on to **Panarea**, the smallest of the Aeolian Islands but in terms of charm and beauty it is truly unique. For a bit of history, visit the archaeological museum. One of the most striking beaches is Cala Junco, which is characterised by its amphitheatre shape bordered by rock formations. These, together with the seabed, give the sea splendid hues from deep blue to emerald green. To land in Panarea, one can moor at S.Pietro, which offers two buoy fields right in front of the village, with a 'boat-taxi' service, in season also operating at night. In Panarea, there are two splendid places to stop at anchor: Cala Zimmari and Cala Junco, their geological conformation is so protected from winds and sea storms that they are defined as a natural harbour.





DAY 5 • PANAREA - STROMBOLI - SALINA

Starting the day early, set sail from Panarea heading for the islets to the south-east of the island. First stop **Lisca Bianca** and Lisca Nera, famous for their submerged fumaroles. Here you can snorkel in water bubbling with volcanic bubbles: it's like diving into a natural jacuzzi! Then move on to **Basiluzzo**, the largest of the islets. Its white tuff cliffs and Mediterranean vegetation make it a magical place. Dive into the incredibly transparent waters and if the sea permits, explore small caves and grottos along the coast. After lunch, head to Stromboli, which looms on the horizon with its smoking volcanic cone. At **Stromboli**, you can choose to stop at Ginostra, a picturesque village accessible only by sea, or at the island's main port. A walk through the narrow streets of Stromboli is a must: the white of the houses contrasts with the black of the volcanic sand. Before the sun goes down, you can take a last dip in the black beach of Ficogrande, or explore the coast towards the Sciara del Fuoco. At sunset, move off the Sciara del Fuoco. Here the volcano offers an extraordinary spectacle: jets of lava and lapilli illuminate the darkness of the evening, accompanied by a deep, dark noise. It is a magical moment, to be experienced in silence, with the calm sea reflecting the explosions. We recommend heading to Salina for the evening.



DAY 6 • SALINA - FILICUDI

Salina, the second largest island in the archipelago. It is formed by six ancient volcanoes, including Monte Fossa, which rises to almost 1,000m. Stop at the bay of Pollara for a swim. The beach, made up of large stones between the rocks, is unique and intimate, and is where some scenes from the film 'Il Postino' were filmed. Not far from the beach are Le Balate, ancient warehouses and shelters for fishermen's boats, one of the unmissable destinations in the area. Beautiful to see for its naturalistic scenery is the shoal of Punta Perciato, consisting of large rocks and jagged walls. For dinner, we recommend the 'Alfredo' restaurant, where you can taste the famous Pane Cunzato or 'seasoned bread'. The homemade granitas are also good. You can spend the night at anchor in Lingua or Santa Marina di Salina. The village of Santa Maria is adjacent to the harbour, you can moor at the Porto delle Eolie marina and wander through the streets of the village, among palm trees and maritime pines. To disembark in the village of Rinella, you can moor at the buoy field. Move on to **Filicudi**, characterised by a clear, uncontaminated sea, rich in coves and inlets with small beaches that can be reached by boat. We recommend a visit to the Grotta del Bue Marino (Sea Ox Cave), a magnificent and suggestive cave about 30 metres wide, known for the play of light that is created inside and for the sound of the sea that, inside the cave, seems to imitate the mooing of an ox. This 'magic island', as many call it, can be visited entirely on foot. A stop at the small port of Pecorini Mare is a must, where you can dine at the restaurant by the sea that serves fish and traditional dishes with special care.

DAY 7 • FILICUDI - MONDELLO

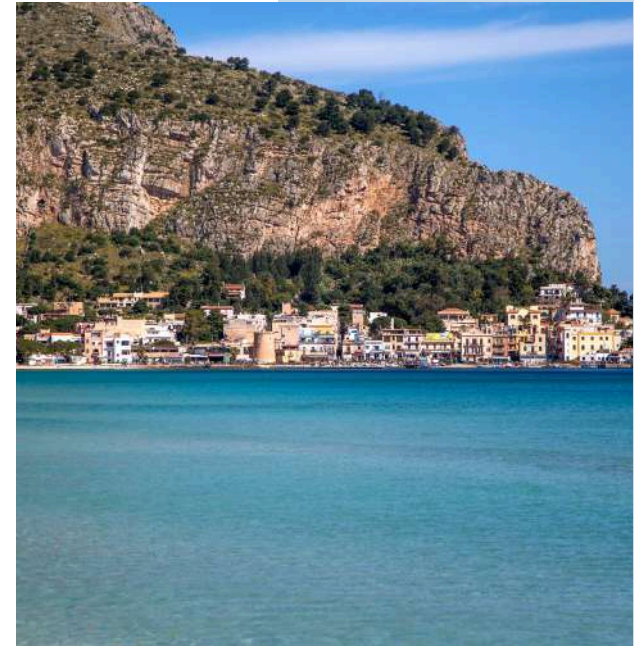
Direction: **Mondello**, famous for a combination of natural, historical and cultural elements that make it one of Sicily's most iconic destinations. For a first dip, we recommend Mondello Beach, perfect for relaxing and swimming. Mondello offers areas with sandy seabed ideal for anchoring; look for a sheltered area near the main beach. Before dinner, take a stroll along the promenade to admire the Art Nouveau villas. For dinner, we recommend trying Sicilian specialities such as squid, octopus or a good dish of pasta with sardines.

DAY 8 • MONDELLO - SAN VITO LO CAPO

While sailing, we recommend a stop at **Isola delle Femmine**, a fascinating destination for its natural beauty, historical value and the mystery surrounding its name. The waters around the island are incredibly clear and deep turquoise, ideal for swimming, snorkelling or diving as it is surrounded by an underwater environment rich in life, making it a paradise for nature lovers. Arriving at the port by boat, one is lucky enough to admire a truly unique panorama: the beach of **San Vito Lo Capo**, a large expanse of white sand lapped by a turquoise sea. The sea is perfect for long swims in its transparent waters with a Caribbean flavour. Just outside San Vito is the beach of Macari (name of the village of the same name). A walk around the village is also recommended. San Vito lo Capo is also famous for hosting the Cous Cous Fest in late September, so don't leave San Vito without trying the famous fish cous cous.

DAY 9 • SAN VITO LO CAPO - FAVIGNANA

Arriving in **Favignana**, the first thing that appears to your eyes is a large sand-coloured building. This is the old tonnara Florio, the historic tuna factory built in 1874, and you can take a guided tour (highly recommended!). The village is built around and consists of small white and yellow houses. In the S. Anna quarter are the late 19th century palaces, what remains of the old bourgeois dwellings of the tuna factory employees. Palazzo Florio, which today houses the Tourist Office, stands out above them all. Favignana's coastline consists of small bays. The most beautiful are certainly: Cala Rossa, an amphitheatre-like bay opening onto an incredibly blue sea with a privileged view of Levanzo; Cala Azzurra; Cala del Preveto, a cove with a pebble beach washed by a turquoise sea; the tuff quarries of Bue Marino and the Grotta degli Innamorati, one of the most evocative places on the island. We recommend sampling the typical tuna dishes.





DAY 10 • FAVIGNANA - MARETTIMO

Departure to **Marettimo**, the wildest and most unspoilt of the Egadi Islands with its numerous springs and spectacular sea caves. As we approach the island we begin to catch a glimpse of Punta Troia, topped by the magnificent Norman castle. Recently renovated, the castle now houses the Museo delle Carceri and the Observatory of the Marine Protected Area 'Foca Monaca'. The castle is open from June to September every day from 10.30 a.m. to 6 p.m. The village is very pretty, all white houses with blue window frames. Cala Bianca is without doubt the most beautiful beach on the island. Marettimo is the perfect island for those who love trekking; in fact, there are numerous itineraries that allow you to explore the island entirely on foot and allow you to reach several panoramic points such as Pizzo Falcone, Pizzo Telegrafo or Punta Basano (a perfect spot to see the sunrise!), but also the lighthouse of Punta Libeccio, the Roman houses and the castle of Punta Troia itself. Those coming by boat from outside can only moor at the buoys in zone B. The best places for swimming are: Scalo maestro (below Punta Troia), Libano: a small beach that appears and disappears depending on the winds, reachable only by sea, Punta Libeccio/Cala Nera: reachable only by sea, Cala Conca: reachable only by sea, Cala Finocchio Marino: reachable only by sea. It is also recommended to visit the sea caves such as Grotta del Cammello or Grotta del Tuono. If you stop by the harbour, enjoy an aperitif and dinner at sunset.



DAY 11 • MARETTIMO - LEVANZO

Levanzo is the smallest of the Egadi Islands and has a small harbour around which the island's only village develops. Levanzo is most famous for the prehistoric graffiti in the Grotta del Genovese and for its crystal-clear sea. Although very small, Levanzo offers several beaches and coves. Starting from the port in a counter-clockwise direction, you will find: Cala Dogana is the town 'beach', Cala Fredda, a micro beach of pebbles in a bay with marvellous water, the rocky Cala Minnola, Cala Calcara, a small cove with absolute tranquillity, Cala Tramontana is a bay of white rocks protected by rocks perfect for a sunset swim, Cala Faraglione, protected by the islet of the same name behind which the outline of Favignana is drawn. We recommend the Bar Ristorante Romano: Levanzo's most famous and most beautiful terrace. Everything is excellent, but don't miss the fish dishes. Pensione Paradiso Restaurant known for its fresh fish dishes. Panetteria La Chicca: the place to have an aperitif in Levanzo, it overlooks the small port and offers a great assortment of panini, pannelle, arancini, etc.



DAY 12 • LEVANZO - CASTELLAMMARE DEL GOLFO

On the way, we recommend a stop in **Scopello**, a locality on the northwest coast of Sicily famous for its natural beauty and authentic atmosphere. The recommended anchorage is in the bay near the Faraglioni di Scopello, large rock formations emerging from the sea, a true paradise for those who love to explore the seabed. The Tonnara di Scopello is an ancient structure for tuna fishing, now transformed into a tourist and cultural site. It is possible to approach it from the sea to admire it or disembark for a visit. The last stop is **Castellammare del Golfo**. In calm sea conditions, you can anchor a little offshore to enjoy the view of the village and castle from the sea or in the picturesque harbour that offers well-equipped moorings with water, electricity and services. We recommend a stroll through the small streets of the village, full of artisan shops and characteristic bars, along the seafront and Piazza Petrolo, with places to enjoy an aperitif at sunset, and a visit to the Arab-Norman Castle, located close to the sea and connected to the rest of the village by a suggestive bridge.



DAY 13 • CASTELLAMMARE DEL GOLFO - PALERMO

Return to the port at the scheduled time.

Enjoy the last evening in the fantastic atmosphere of **Palermo**.

Palermo offers a unique atmosphere for an evening full of charm, culture and fun. The Sicilian city mixes history, delicious cuisine and a lively nightlife to suit every taste. Here are some ideas on how to spend an unforgettable evening: - an evening stroll in the historical centre through Via Maqueda and Quattro Canti, Piazza Pretoria with the 'Fountain of Shame' with its striking sculptures, splendid under the night lights, and the Teatro Massimo, one of the largest opera houses in Europe. In summer you might find performances or events in the open air. - Have a typical Sicilian dinner in a typical restaurant such as Trattoria Altri Tempi or Ferro di Cavallo, or Palermo is famous for its street food. Go to a friggitoria or to the Ballarò market to enjoy: pane e panelle (chickpea fritters), arancine (fried rice balls), sfincione (Sicilian deep-fried pizza), stigghiule (innards rolls, a treat for the curious palate). - Live the Ballarò and Vucciria night markets, which turn into lively meeting points at night with music, food stalls and improvised cocktails. Lively atmosphere, with DJ sets and street performers, ideal for immersing yourself in authentic Palermo.